Would you like more information about your diabetes?

NHS Ayrshire & Arran

If yes, we've got the app for you!

Search your App store for NHS Ayrshire and Arran, download and install the app, and then select Adult Diabetes App.

The free app provides helpful information about:

- Diabetes – Type 1 & Type 2
- Diet
- Self-management
- Useful links and websites
- Local services (Ayrshire and Arran) and
- Local events (Ayrshire and Arran).

Leaflet reference: MIS20-080-GD

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